

# LIPBLUSH AFTERCARE



1. Lips can experience swelling, tenderness, flaking and brighter color straight after the treatment
2. Apply the provided balm as much as possible for the first week
3. Clean your lips with damp cotton rounds hourly for the first 2 days
4. Keep hydrated and try drink 3L of water per day for 7 days
5. Avoid hot drinks and spicy food for 2 days
6. Do not pick, peel or rub the area as this may make color uneven
7. Avoid touching the area for the first 2 days
8. No exercising for 7 days. Sweat - salty water will remove pigment
9. No swimming, saunas nor jacuzzi for 7 days
10. No tanning nor sunbathing for 2 weeks, always wear SPF on them afterwards
11. Try to minimise smoking for 7 days
12. No use of makeup for 7 days due to risk of infection
13. Try to keep toothpaste off your lips for 7 days
14. Do not have your teeth whitened for 7 days
15. Avoid lip fillers and facial treatments for 2 weeks

**IT IS IMPORTANT TO FOLLOW THE SPECIFIC AFTERCARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE HEALING AND RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE AFTERCARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE.**

# EYEBROWS AFTERCARE



1. Brows can experience tenderness, dryness, itchiness and bolder color after the treatment
2. Apply a thin layer of provided ointment with a cotton bud 1-2 times a day
3. Gently clean your brows with a damp cotton round hourly for the first 2 days
4. Do not pick, peel or rub the area as this may make color uneven
5. Avoid touching the area for the first 2 days
6. No exercising for 7 days. Sweat - salty water will remove pigment
7. No swimming, saunas nor jacuzzi for 7 days
8. No tanning nor sunbathing for 2 weeks, always wear SPF50 on them afterwards
9. No use of makeup for 7 days due to risk of infection

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