

PRE-CARE FOR LIPBLUSH



1. Dermal fillers should be performed no less than 2 weeks before or after your treatment.
2. Laser hair removal and electrolysis around mouth should be carried out no less than 1 week before your treatment.
3. If you have a history of cold sores (herpes simplex), I advise to use oral anti-herpes medication. It's available on pharmica.co.uk acyclovir tablets 400mg. This will control the outbreak.
4. Your lips must be hydrated and moisturised. Please exfoliate before your appointment.
5. Do not consume alcohol 48 hours prior, nor caffeine (coffee, tea, energy drinks, paracetamol, aspirin etc) 24 hours prior.
6. Drink plenty of water, the more hydrated you are the better.
7. Avoid exercise 24 hours prior to the procedure.
8. Be prepared and bring some inspiration photos or your favourite lip pencil/lipstick.

IT IS IMPORTANT TO FOLLOW THE SPECIFIC PRE-CARE INSTRUCTIONS PROVIDED TO ENSURE THE BEST POSSIBLE RESULTS. IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THE PRE-CARE PROCESS, BE SURE TO ASK YOUR PRACTITIONER FOR MORE GUIDANCE.

PRE-CARE FOR BROWS



1. Please attend with freshly washed hair to allow a minimum of 48 hours before your next hair wash.
2. Anti-wrinkle injections should be performed no less than 2 weeks before or after your treatment.
3. Accutane and such medications cannot be used for 1 year prior to the treatment.
4. Retinol based products will need to be stopped a week prior.
5. Laser hair removal and electrolysis around the area should be carried out no less than 1 week before your treatment.
6. Please do not fake tan up to 72hrs before your appointment.
7. Do not consume alcohol 48hours prior, nor caffeine (coffee, tea, energy drinks, paracetamol, aspirin etc) 24hours prior.
8. Avoid exercise for 24hours prior.

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